**Season of Prayer – PRAYER WALKING Challenge and Guide**

*These ideas are gleaned from several resources.*

**Purpose:** The purpose of prayer walking is to pray for God’s blessing upon our community.

*‘How beautiful on the mountains are the feet of the messenger bringing good news,*

*breaking the news that all's well, proclaiming good times, announcing salvation, telling*

*Zion, "Your God reigns!"’ (Isaiah 52:7 The Message)*

**Goal:** During our EMCC Season of Prayer, we aim to cover the neighbourhoods, towns, and cities where EMCC members reside, as well as the areas surrounding our places of worship, through concerted collective prayer. We hope this will be a shared experience – that someone from your church will lead the walk, gather participants, select the date and time, and guide the way.

**Prayer Walking Tips:**

* Plan your routes ahead of time to cover as much of the area as possible.
* Walk in groups of 2-4 rather than a large parade.
* Pray in a quiet, conversational voice or pray silently, letting your prayer partner(s) know what you are praying about.
* Don't call attention to yourselves.
* If anyone asks what you are doing, respond: "We're praying God's blessing on this neighbourhood. Is there any special way we can pray for you?"
* Although it is not the primary purpose of prayer walking, be open to opportunities to interact with and bless people where the opportunity presents itself.

**What to Pray:**

* Pray that salvation comes to each home.
* Pray that health and healing would rest on each dwelling.
* Pray for discernment. Ask God to show you how to pray with greater insight for the people and places in the community. “Lord, how can I show love to my neighbours and community?”
* Pray for blessing. Pray over every person, home, and business you encounter, asking God to bless and intervene. May His will be done in this community.
* Pray for responsive hearts – that God would give people spiritual hunger.
* Pray with empathy. See and feel what residents face every day, and offer intercession for those things that express brokenness and grieve God's Spirit.

Give thanks to God for the blessings and gifts in the community.

* Pray in God's power – allow times of silence for God's Spirit to speak. Ask confidently in Jesus' name to push back the darkness.
* You may be led to stop and pray in specific locations. Pray for churches on your route.

**Finishing the Walk:**

It’s always good to debrief after a prayer walk and to share what you observed or heard God saying. Agree to rendezvous (either back at base or elsewhere along the route), and

gather about 15 minutes before the end of your time together. Give everyone in the group

the opportunity to share and pray for one another before you part ways.

**Plan Your Next Prayer Walk:**

Once you’ve completed the walk, please encourage those present to walk and bless the places where they live and work. Perhaps challenge them to adopt a street or the street they live on, walk it at least once a week, and keep speaking blessings over it.

Consider planning your next collective prayer walk. Target a date.

**Let Us Know:**

Please report your experience to any member of the National Team (emcc.ca) or email [info@emcc.ca](mailto:info@emcc.ca).