

Silent No Longer Workshop

RECOMMENDED RESOURCES



BOOKS

Open your phone's camera to scan the QR code or click on title to get link (smart device access only).

[Healing the Wounded Heart](#) and [Healing the Wounded Heart](#) [Workbook](#)

Dan Allender

This is for adult victims of childhood abuse to understand and process their abuse.

Book:



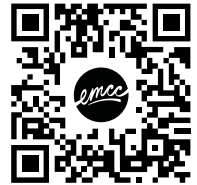
Workbook:



[The Body Keeps the](#) [Score](#)

Bessel Van Der Kolk

An overview of how trauma remains stored or trapped in the mind and body of victims.



[Bully Pulpit](#)

Michael J. Kruger

Confronting the problem of spiritual abuse in the church.



[When Narcissism](#) [Comes to Church](#)

Chuck DeGroat

Exposes how narcissists function in church leadership roles.



[A Church Called TOV](#)

Scot McKnight

Forming a goodness culture that resists abuses of power and promotes healing.



[Redeeming Power](#)

Diane Langberg

Understanding authority and abuse in the church.



More resources on other side

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MEDIA

Open your phone's camera to scan the QR code or click on title to get link (smart device access only).

Women Talking

Movie

Do nothing, stay and fight or leave. In 2010, women of an isolated religious community grapple with reconciling a brutal reality related to their faith community.



Right Side Up

Podcast with Danielle Strickland



DARVO

Choosing Therapy
Deny, Attack, Reverse
Victim & Offender



The Rise and Fall of Mars Hill

Podcast with Mike Cosper



More resources on other side



Suggested criteria for the selection of a counselor/therapist:

- Registered with professional association
- Trained in trauma-informed counseling
- Experience working with victims of abuse
- Consider gender, age and other factors that may be triggers for the victim
- Safety and confidentiality